



# HOW TO MANAGE LOSS AVERSION WITH CLIENTS

**Behavioral Finance - Actionable Insights** 

swanglobalinvestments.com



Loss aversion is one of the more well known investor biases. We would argue that it's the hardest to address. Loss aversion is a common trait people display where they feel the pain of losing money much more acutely than the pleasure from gains. Cold-blooded logic would dictate that the rational investor should treat \$100 lost the same as \$100 won—after all, it's \$100 either way. However, loss aversion theorizes that the regret and anger of carelessly having \$100 fall out of your pocket far outweighs the joy of finding \$100 on the sidewalk.

Identifying and educating clients on behavioral investing biases is a vital component of behavioral coaching. But it doesn't stop at education. We've started this insights series to reveal how the finance industry and media often exacerbate and encourage biased behavior and to provide solutions for addressing the bias. This post cover loss aversion: how to talk to clients about it and how to address it.

# IDENTIFYING LOSS AVERSION

Loss aversion is not hard to identify—you've probably seen it in your clients. How many of your clients bailed out of their long-term plan during the GFC of 2007-09? Moreover, how many of them were so scared of the market that they waited years to get back in? Maybe you even have clients that are still on the sidelines and have consequently missed the second-biggest bull market in U.S. history.

**Teachable moment**: When clients begin to display concerns about the market either due to volatility or other news, use it as an opportunity educate and manage emotions:

- Talk through their concerns,
- Explain what loss aversion bias is
- · Demonstrate how emotional impulses can deter long-term financial plans
- · Show how you are seeking to minimize losses in their investment plans



# EXPLAINING LOSS AVERSION TO CLIENTS

While there are many ways to illustrate loss aversion, one of the most famous case studies is Nobel Prize recipient Daniel Kahneman's coin-flip scenario . In this simple example, subjects were asked how much they would need to win on a simple 50-50 coin toss if they stood to lose \$10 by guessing wrong. The average answer was a prize of \$20, suggesting gains had to be twice as large to offset the potential psychological trauma of losses.

If one were to ask a computer the same question, the answer would likely be different—a win of \$10.01 should be all that would be required in order to make this a profitable wager. However, the whole point of behavioral finance is that investors have emotions and don't think like computers.

Many investors will want to think they won't make emotional decisions when the markets are volatile or in a downward spiral. While the stress these market events can cause is normal, the decisions that come out of it can be disastrous for financial plans.

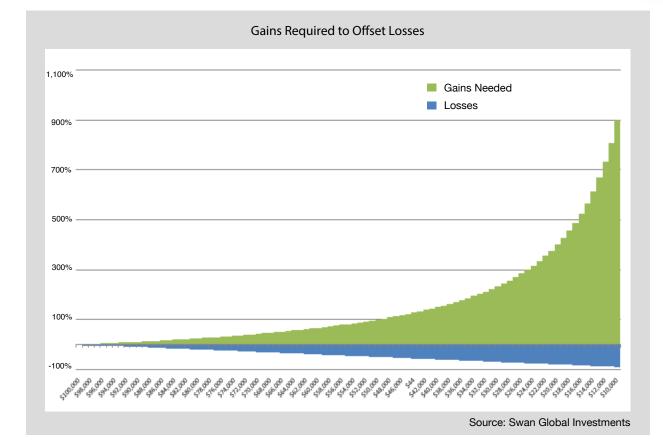
Along with explaining what loss aversion is, try enacting the coin flip scenario with clients. You can find out more about their risk averse mindset and use it a teaching moment.

#### PSYCHOLOGICAL AND MATHEMATICAL REASONS FOR AVOIDING LARGE LOSSES

Behavioral finance topics are often assumed to be in direct conflict with efficient market theories. Investment choices are thought of as a mental tug-of-war, where the rational side of the brain is telling the investor to do one thing while the emotional side is telling him or her to do the exact opposite.

However, having a hostility to losses actually makes a lot of sense no matter how one chooses to look at it. A mathematical truth is that the larger the losses one incurs, the greater the gains required to recover from those losses.





While losses increase in a straight, linear fashion, the gains needed to recover from those losses do not; they grow at a compounding rate. The deeper the hole, the more difficult it is to work your way out of it.

So while there might be a psychological benefit to avoiding large losses, it turns out there are very valid mathematical reasons for avoiding large losses as well.

Losses	Bottom Value	Return Required
0%	\$ 100,000	0%
-10%	\$ 90,000	11%
-20%	\$ 80,000	25%
-30%	\$ 70,000	43%
-40%	\$ 60,000	67%
-50%	\$ 50,000	100%
-60%	\$ 40,000	150%
-70%	\$ 30,000	233%
-80%	\$ 20,000	400%
-90%	\$ 10,000	900%

Source: Swan Global Investments



### HOW THE INDUSTRY ENCOURAGES EMOTIONAL LOSS AVERSION

The 24-hour news cycle and fixation on recent returns and performance can exacerbate loss aversion. The constant updates of any market move or the way talking heads discuss volatile moments can whiplash investors from bull market participation to bear market preparation.

When a bear market does occur, the panic in the media can emotionally propel investors to push the sell button in an instant as they try to stop the pain as quickly as possible.

Another way the industry exacerbates loss aversion is failing to provide real investment solutions that seek to minimize losses. In previous bear markets, traditional strategies did a poor job minimizing losses for investors, so it's no surprise that many bailed out of their financial plans during those turbulent times.

#### CHOOSE INVESTMENT STRATEGIES THAT SEEK TO AVOID LARGE LOSSES

If loss aversion is a legitimate concept from both a behavioral and a mathematical perspective, how should one invest? Obviously, the answer is to invest in a way that minimizes losses. This is easier said than done.

Diversification has long been the standard strategy used to minimize losses. However, during the major market sell-offs of 2000-02 and 2007-09 many diversified investors still experienced painful levels of losses. Diversification alone was not enough to minimize the damage in a full-on bear market.

Moreover, most diversified portfolios rely heavily on fixed income to play the capital preservation role in a portfolio. There is no disputing that bonds have had a fantastic run since 1982. However, there are serious doubts whether or not bonds can provide the same level of return and risk mitigation going forward.

Instead, hedging and/or options-based strategies are potential alternatives for investors looking for uncorrelated assets that seek to avoid losing big. A hedged equity strategy like the Defined Risk Strategy is designed to stay invested in the markets while hedging the impact of catastrophic drawdowns on a portfolio. We do this through the active use of put options. Although put options are a drag on performance during up markets, we accept the trade-off due to the defensive role put options bring to a portfolio. Like many investors, we feel the pain of losses much more acutely than joy when the market is setting all-time highs.



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#### **Investing Redefined**

Since 1997, our hedging and options strategies have been redefining investing to directly address the biggest threat long-term investors face: market risk.

Market risk is too big a threat to investors to be dealt with passively. So we hedge it.

Our simple, yet innovative investment philosophy is the foundation of our Defined Risk Strategy, a rules-based, multi-asset hedged equity strategy, with a track record of seeking to generate consistent returns while defining, or limiting, downside risk to improve investment outcomes and managing risk for irreplaceable capital through full market cycles (bull and bear).

Swan Global Investments is an asset manager headquartered in Durango, Colorado, with offices in Puerto Rico and Tampa, Florida.